

***The following Covid-19 office protocols apply to everyone, regardless of vaccine status. Please read carefully.***

**Reschedule your treatment if you have any one or more of the following symptoms. (There will be no charge for cancelled appointments.)**

- \* Fever
  - \* Shortness of breath
  - \* Cough
  - \* Chills
  - \* Muscle aches
  - \* Sore throat
  - \* Loss of taste or smell
  - \* Diarrhea
  - \* You have been recently exposed to someone with Covid 19.
  - \* You have recently traveled by airplane, train, bus, or out of state (you will need to wait 14 days before scheduling a treatment).
- \* If on the day of your treatment you do not feel well, please reschedule. You will not be charged for a late cancellation.

### **When you arrive for your treatment:**

- \* Please wait in your car until our scheduled time, then come up.
- \* I require that you wear a clean, properly fitting mask that covers your nose and mouth **without gaps**, that does **not** have a vent (masks with 3 or more layers are best). Please put it on before you enter the building. You will be required to wear it for the duration of time that you are in the building- including during your treatment. Do not bring any extra items like backpacks, etc.- only bring what you need and leave all extra items in your car. Do not bring anyone with you to your appointment unless cleared with me prior to you coming in.
- \* In accordance with the CDC, OSHA, and the WA Department of Health, I am leaving ample time between patients for cleaning and sanitizing all surfaces and items touched in the treatment room, bathroom, handrails, and doorknobs in the hallway and front entrance. I am also monitoring my own temperature and health as well. I will cancel all appointments if I have any of the above symptoms, or don't feel well in order to ensure the safety of our community.

**Thank you for your care in working together for the health and safety of all.**

